

Bill of Rights for Persons with Developmental Disabilities

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| I. | Be treated nicely at all times and as a person | XIII. | Be able to work and make money |
| II. | Have a clean safe place to live in and a place to be alone | XIV. | Be treated like everyone else |
| III. | Have food that is good for you | XV. | Not be hit, yelled at, cursed at, or called names that hurt you |
| IV. | Be able to go, if you want, to any church, temple, mosque | XVI. | Be able to learn new things, make friends, have activities to do, and go out in your community |
| V. | Be able to go to a doctor or dentist when you are sick | XVII. | Be able to tell people what you want and be part of making plans or decisions about your life |
| VI. | Be able to have people help you with the way you walk, talk, do things with your hands, act or feel, if you need it | XVIII. | Be able to ask someone you want to help you, let others know how you feel or what you want |
| VII. | Be able to have people help and teach you, if you want | XIX. | Be able to use your money to pay for things you need and want with help, if you need it |
| VIII. | Be able to have time and a place to go to be by yourself | XX. | Be able to say yes or no before people talk about what you do at work or home or look at your file |
| IX. | Be able to call, write letters or talk to anyone you want about anything you want | XXI. | Be able to complain or ask for changes if you don't like something without being afraid of getting in trouble |
| X. | Be able to have your own things and be able to use them | XXII. | Not be given medicine that you don't need, or be held down if you are not hurting yourself or others |
| XI. | Be able to have men and women as friends | XXIII. | To vote and learn about laws and your community |
| XII. | Be able to join in activities and do things that will help you grow to be the best person you can be | XXIV. | To say yes or no to being part of a study or experiment. |

